



# CT BHP Data Reporting for the Transforming Children's Behavioral Health Policy & Planning Committee

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# Agenda

**1 Youth Behavioral Health Emergency Department Utilization – By Provider**

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**2 Youth Behavioral Health Emergency Department – Connect-to-Care**

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**3 BH Emergency Department – “Stuck” Youth**

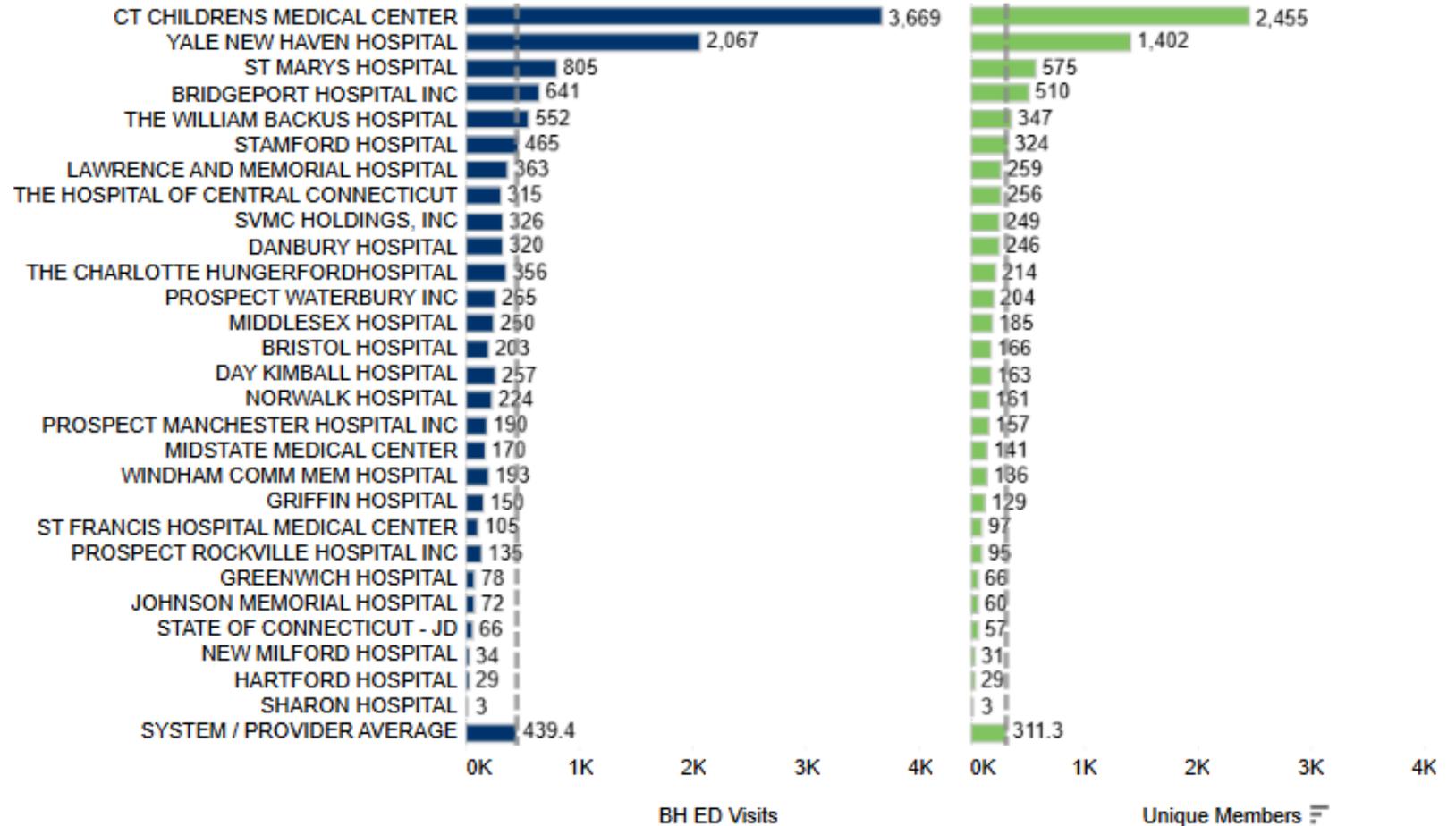
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# Youth (ages 3-17) BH ED Visits By Provider (CY 2024)

- **CCMC** was highest volume provider ( $n = 3,669$ ), followed by **YNHH** ( $n = 2,067$ )

**BH ED Visits and Unique Members by Provider**

■ BH ED Visits ■ Unique Members



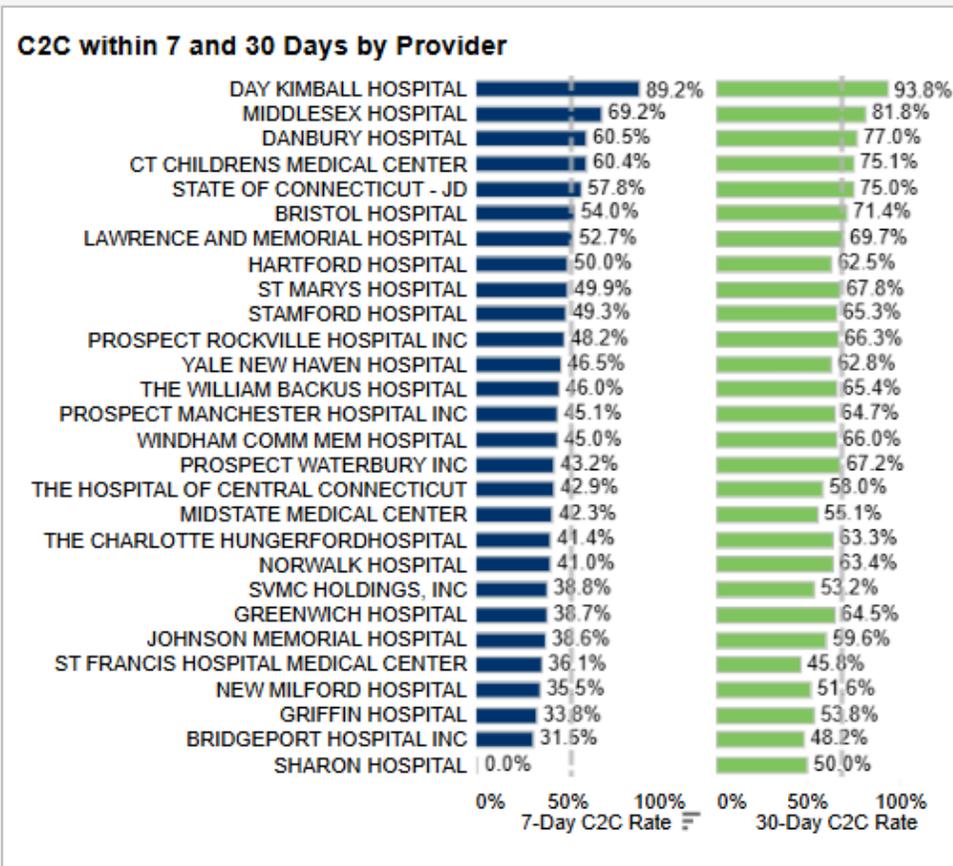
# Youth (ages 3-17) BH ED Visit Frequency (CY 2024)

- Most members with multiple BH ED visits had a primary mental health diagnosis
- Of youth presenting for BH ED visits with a primary mental health reason, **29%** ( $n = 1,415$ ) had 2+ visits as compared **13.5%** ( $n = 426$ ) of youth presenting with a primary medical reason

**Unique Members' BH ED Visit Frequency by Primary Diagnosis**

	1 Visit	2-5 Visits	6-10 Visits	11-15 Visits	16-20 Visits	>20 Visits
Mental Health	3,442	1,266	127	15	6	1
Medical	2,718	421	5			
Substance Use Disorder	430	40	2			
Social Drivers of Health	42					

# Youth (ages 3-17) BH ED Connect-to-Care By Provider (CY 2024)



- In CY 2024:
  - 52.4%** ( $n = 3,804$ ) BH ED visits C2C within **7 days**
  - 68.7%** ( $n = 4,984$ ) BH ED visits C2C within **30 days**
- BH ED C2C rates have remained stable CY 2022 – CY 2024

**C2C within 7 and 30 Days by Year – ALL PROVIDERS**

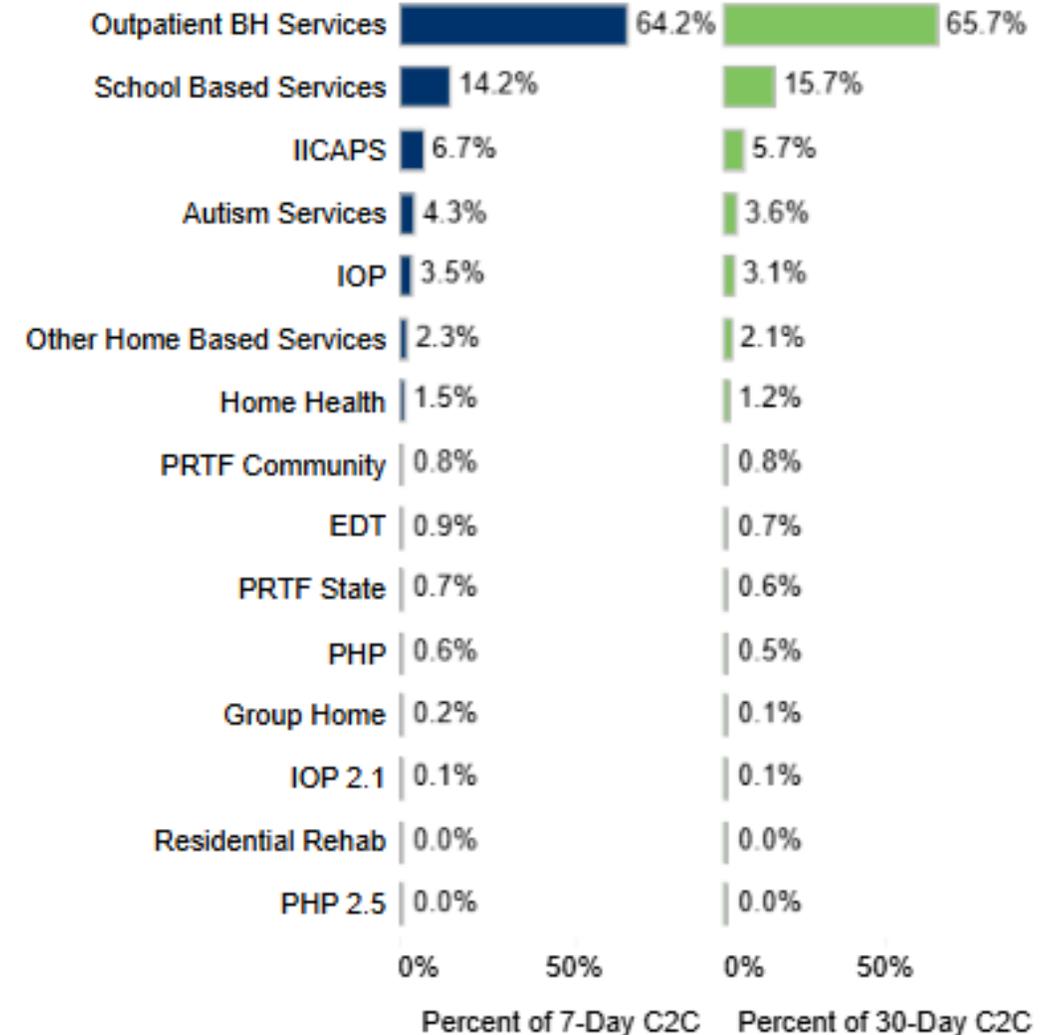


# Youth (ages 3-17) BH ED Connect-to-Care By LOC (CY 2024)

- Most connected to:
  - outpatient BH services
  - school-based services
  - intensive in-home child and adolescent psychiatric services (IICAPS)
- The demographics of those connected to care within both time frames mirrored the overall youth BH ED visit population

C2C Level of Care (LOC)

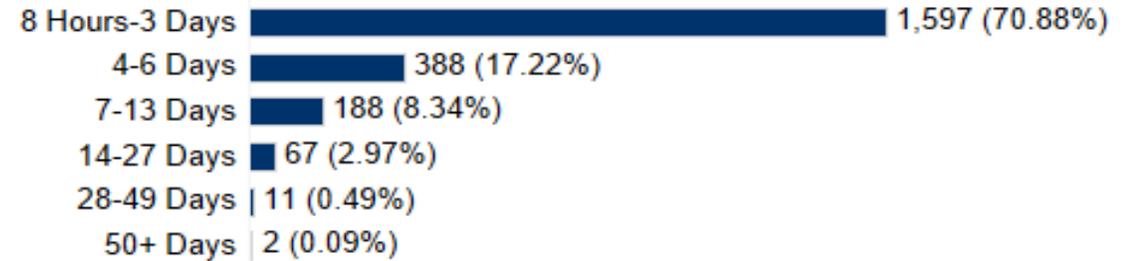
C2C (Claims) ▾



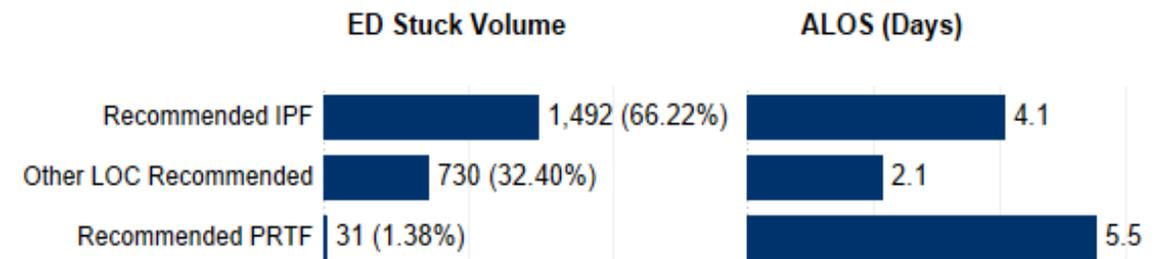
# Youth (ages 3-17) BH ED Stuck Volume & ALOS (CY 2024)

- In CY 2024, there were **2,248 reported stuck episodes** (1,536 unique members).
- The **ALOS** of all stuck youth was **3.5 days** ( $n = 2,250$ ).
  - 70.9% ( $n = 1,597$ ) were discharged within three days, while the rest waited four or more days before being discharged to the next level of care.
- 66.2% ( $n = 1,492$ ) were recommended for inpatient level of care and of those, 85% ( $n = 1,263$ ) were admitted

**Length of Stay Distribution for ED Stuck Members Discharged from the ED in 2024**



**ED Stuck Volume and Average Length of Stay (ALOS) by Recommended Level of Care (LOC) in 2024**



# ASD Youth (ages 3-17) BH ED Stuck Volume & ALOS (CY 2024)

- The ALOS of **autism spectrum disorder (ASD)** stuck episodes was 8.1 days ( $n = 49$ ) compared to 3.4 days ( $n = 2,198$ ) for non-ASD/intellectual disability (ID) episodes.
- ASD stuck episodes saw an ALOS **increase of 1.1 days** from CY 2023 compared to just 0.3 days for non-ASD/ID episodes

		Quarter				Grand Total
		Q1 '24	Q2 '24	Q3 '24	Q4 '24	
ASD Only	ED Stuck Volume	14	12	12	11	49
	ALOS	6.8	6.0	12.3	7.3	8.1
	Unique Members	14	12	12	11	45
ASD and ID	ED Stuck Volume		1			1
	ALOS		6.0			6.0
	Unique Members		1			1
No ASD/ID Barrier	ED Stuck Volume	599	603	453	543	2,198
	ALOS	3.3	3.4	3.1	3.7	3.4
	Unique Members	490	509	382	466	1,507

# Thank You

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## Contact Us

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